

## ABSTRACT

### CULTURAL FRAMEWORK AND ANGER EXPRESSION IN RUSSIAN IMMIGRANT WOMEN

The present study aimed to investigate whether anger expression and cultural framework interact to predict immigrant Russian women's physical and psychological health status. The study recruited a convenience sample of 100 Russian immigrant women between the ages of 30-65. Participants completed questionnaires addressing anger expression, cultural framework, health status, and a demographic survey in either English or Russian, as they chose. Hierarchical regression analyses addressed the following research questions: (a) Is the collectivistic cultural frame associated with different types of anger expression? (b) Are different methods of anger expression associated with health status? (c) Does cultural frame interact with anger expression in predicting health status? Results revealed that mode of anger expression significantly predicted mental health. Additionally, collectivism and individualism were significant factors, in conjunction with anger expression, in predicting participants' mental health status. This study helped facilitate a greater interest in this invisible immigrant group, which is in crucial need of further investigation.

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