

ABSTRACT

INCIDENCE OF COMORBIDITIES IN HEART FAILURE

Heart failure (HF) is a syndrome that continues to rise in prevalence. Although technological advances in the field of medicine assist with diagnosis and treatment of a multitude of illnesses, heart failure remains an enigma to the medical community. Heart failure incurs high costs through hospitalizations and medication regimens. The treatment for HF patients is at times suboptimal and is related to complications such as age, diabetes, obesity, and other comorbidities. Although statistical data lead one to believe there are improvements to outcomes in HF, the basis for many of these studies is not reflective of the true HF patient population. Further research with greater diversity in the subject base would benefit the HF community. This study is a retrospective chart review to determine the incidence of comorbidities associated with a ethnically diverse group of patients previously diagnosed with HF.

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