

ABSTRACT

WHICH TREATMENT FOR INTERSTITIAL CYSTITIS PRODUCES THE GREATEST EFFICACY FOR WOMEN WHO CHOOSE MEDICAL INTERVENTIONS?

The purpose of this study was to evaluate which treatment for Interstitial Cystitis produced the greatest efficacy for women who choose medical interventions. (a) What percentage of female patients treated for Interstitial Cystitis result in decreased office visits in a urology setting compared to female patients not treated and; (b) What treatment intervention, oral agents, or surgical interventions for female patients diagnosed with Interstitial Cystitis results in decreased posttreatment symptoms versus pretreatment symptoms in a urology setting?

Patricia Benner, the Dreyfus model, and Dorothea Orem's self-care theory were the theoretical bases of this quasi-experimental research study. Reviews of 100 charts were inclusive of females averaging age 51. Results indicated no clear trend or relationship between posttreatment symptoms and interventions. The most common form of treatment was the oral medication Elmiron. Clinician and patient collaboration will assist in setting a standard of care for female patients with Interstitial Cystitis.

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