

## ABSTRACT

### SMALL BREATHING

There isn't one unifying theme running through these poems, except for the expression of one person trying to make her way through the world, trying to connect with others, with God, and with the center of herself. Poetry, for me, is about longing for the easy breathing that comes when I speak the truth. It's about getting to the core, where I no longer have to ask permission or hesitate.

Michelle Anne Patton  
May 2003