

ABSTRACT

EXPLORATORY STUDY OF BREASTFEEDING LATINA WOMEN AT SEQUOIA COMMUNITY HEALTH CENTERS

A number of factors affect women's decisions regarding whether to breastfeed and for how long. Thirty Latina patients 18 years of age and older were surveyed in focus groups to identify variables that influenced their breastfeeding initiation and duration rates. The women's knowledge, attitudes, behaviors, and support systems with regard to breastfeeding were explored and barriers to breastfeeding identified. No significant associations were found between actual or intended breastfeeding duration and the variables of age, marital status, and years in the U.S.

Lourdes Heras Delva
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